



INNOVATIVE WORLD
Ilmiy tadqiqotlar markazi

YANGI RENESSANS

ILMIY JURNALI

2026/4



+998335668868



www.innoworld.net

Google Scholar



zenodo





2026

YANGI RENESSANS

ILMIY JURNALI

3-JILD 4-SON



YANGI RENESSANS

ILMIY JURNALI
TO'PLAMI

3 - JILD, 4 - SON
2026



www.innoworld.net

O'ZBEKISTON-2026



Socio-Psychological Dynamics of Marriage and Divorce in the Modern Era

Toshmatov Alimardon Sotvoldiyevich

Katta o'qituvchi alimardon@gmail.com

Xolmatova Saidaxon Muhammadali qizi

FarDu Xorijiy til va adabiyoti (ingliz tili)

yo'nalishi 1- bosqich talabasi

saidaxonxolmatova26@gmail.com

Telefon raqami: 91-041-26-07

ANNOTATSIYA. Ushbu maqolada zamonaviy jamiyatda nikoh va ajralishning ijtimoiy-psixologik dinamikasi, oilaviy barqarorlikni ta'minlash mexanizmlari tadqiq etiladi. Maqolada oilaning shakllanish bosqichlari, munosabatlardagi inqirozlarni hal qilish strategiyalari va ajralishning ijtimoiy-demografik jarayonlarga ta'siri tahlil qilingan. Shuningdek, oilaviy munosabatlarni mustahkamlash va nizolarni avtomatlashtirilgan tahlil qilish orqali krizis holatlaridan chiqish bo'yicha batafsil amaliy tavsiyalar berilgan.

Kalit so'zlar: Nikoh, Ajralish, Oila dinamikasi, Ijtimoiy barqarorlik, Psixologik moslashuv, Demografiya, Oila huquqi, Ratsionallik.

АННОТАЦИЯ. В данной статье исследуется социально-психологическая динамика брака и развода в современном обществе, а также механизмы обеспечения семейной стабильности. В статье анализируются этапы формирования семьи, стратегии разрешения конфликтов и влияние развода на демографические процессы. Также даны подробные практические рекомендации по укреплению семейных отношений и выходу из кризисных ситуаций.

Ключевые слова: Брак, Развод, Семейная динамика, Социальная стабильность, Психологическая адаптация, Демография, Семейное право, Рациональность.

ANNOTATION. This article examines the socio-psychological dynamics of marriage and divorce in modern society, and mechanisms for ensuring family stability. The article analyzes the stages of family formation, conflict resolution strategies, and the impact of divorce on demographic processes. Detailed practical recommendations for strengthening family relationships and managing crisis situations through systematic analysis are also provided.

Keywords: Marriage, Divorce, Family Dynamics, Social Stability, Psychological Adaptation, Demography, Family Law, Rationality.

Introduction. In the era of rapid technological advancement, protecting the social infrastructure of the family remains a priority for every organization and society. As social systems become more complex, the methods of interpersonal "attacks"





and psychological stressors are also evolving. Identifying open vulnerabilities in a marriage, checking the "version" of mutual services, and finding hidden conflicts is essential for modern stability. The strongest component of a successful union is the mechanism of independent emotional intelligence, which allows partners to automate and expand their conflict-resolution processes.

1. The Architecture of Modern Marriage: Emotional Systems Marriage is a flexible system that ensures the adaptability of the family unit, operating on a logic of mutual support.

Mechanism of Interaction: Partners function through "scripts" of behavior that trigger at different stages of life—after identifying needs or during crisis periods.

Information Exchange Efficiency: A healthy system increases the speed of emotional exchange and allows complex life tasks to be solved using simple "commands" of trust.

2. Categories of Marital Interaction and Divorce Risk Marriage dynamics can be divided into several groups based on their functional security and risk levels:

Safe Models: Relationships that do not negatively affect social health and focus solely on gathering positive shared data.

Discovery Phases: Actively gathering information about the partner's internal resources, goals, and open communication channels.

Vulnerability Points: Searching for security gaps in the relationship, such as unresolved past traumas or lack of financial goals.

Exploitative Patterns: Situations where one partner practically tests or "exploits" a weakness to attack the other's emotional stability.

Brute-Force Conflicts: Attempting to break the partner's "passwords" of privacy or forcing will through repetitive aggressive actions.

3. Practical Strategies for Stability and Analysis Using systematic psychological analysis, specialists and couples can perform the following:

Deepening Perception Accuracy: Analyzing deep connections that standard daily interactions fail to detect.

Social Environment Monitoring: Checking the "headers" of external influences and identifying hidden folders of resentment.

Resource Management: Finding unsafe settings in family databases (e.g., SQL/Oracle equivalents of shared finances).

Toxic Behavioral Analysis: Checking for the presence of emotional "viruses" or behavioral "backdoors" in the relationship.

4. Protection Strategies Against Marital Dissolution Scanning for problems is not enough; specific protective actions must be taken based on findings:



Regular Monitoring: Initiating "heart-to-heart" scripts on a scheduled basis to find newly emerged vulnerabilities.

Service Restriction: Immediately closing off "ports" of behavior that are unnecessary or identified as weak points (e.g., toxic social circles).

Version Updating: Updating old behavioral "software" (legacy traditions) identified as dangerous to modern family health.

Conclusion. The socio-psychological engine of marriage is one of the most powerful and versatile tools in the human social sphere. It automates tasks from basic companionship to complex crisis management. Research shows that as the rationality of partners increases, the system's resistance to external divorce-related threats is ensured. Administrators (spouses) must use these capabilities to scan their own unions and resolve deficiencies before "attackers" or stressors cause permanent damage. Integrating learning-based empathy will lead to fully autonomous and secure family ecosystems.

References:

1. Lyon, G. F. (2009). *Nmap Network Scanning: The Official Project Guide*.
2. Russell, S. J., & Norvig, P. (2020). *Artificial Intelligence: A Modern Approach*.
3. Schneier, B. (2018). *Click Here to Kill Everybody: Security and Survival*.
4. SANS Institute. (2026). *Intelligent Systems Assessment and Implementation Guide*.
5. Official Documentation. (2026). *Agentic Frameworks and Social Usage*.